

Association Espérance Chartres de Bretagne Hatha-Yoga / Saison 2020-2021

sept-2020	oct-2020	nov-2020	déc-2020	janv-2021	févr-2021	mars-2021	avr-2021	mai-2021	juin-2021
mar-01	jeu-01 ❖	dim-01 ☺ ➔	mar-01	ven-01 ☺ ➔	lun-01 ⌘	lun-01 ➔ ➔	jeu-01 ❖	sam-01 ☺ ➔	mar-01
mer-02	ven-02	lun-02 ⌘	mer-02	sam-02 ➔ ➔	mar-02	mar-02 ➔ ➔	ven-02	dim-02 ➔ ➔	mer-02
jeu-03	sam-03	mar-03	jeu-03 ❖	dim-03 ➔ ➔	mer-03	mer-03 ➔ ➔	sam-03	lun-03 ➔ ➔	jeu-03 ❖
ven-04	dim-04	mer-04	ven-04	lun-04 ⌘	jeu-04 ❖	jeu-04 ➔ ➔	dim-04	mar-04 ➔ ➔	ven-04
sam-05	lun-05 ⌘	jeu-05 ❖	sam-05	mar-05	ven-05	ven-05 ➔ ➔	lun-05 ☺ ☺	mer-05 ➔ ➔	sam-05
dim-06	mar-06	ven-06	dim-06	mer-06	sam-06	sam-06 ➔ ➔	mar-06	jeu-06 ➔ ➔	dim-06
lun-07	mer-07	sam-07	lun-07 ⌘ ☹	jeu-07 ❖	dim-07	dim-07 ➔ ➔	mer-07	ven-07 ➔ ➔	lun-07 ⌘
mar-08	jeu-08 ❖	dim-08	mar-08	ven-08	lun-08 ⌘ ☹	lun-08 ⌘	jeu-08 ❖	sam-08 ☺ ➔	mar-08
mer-09	ven-09	lun-09 ⌘	mer-09	sam-09	mar-09	mar-09	ven-09	dim-09 ➔ ➔	mer-09
jeu-10	sam-10	mar-10	jeu-10 ❖	dim-10	mer-10	mer-10	sam-10	lun-10 ⌘	jeu-10 ❖
ven-11	dim-11	mer-11 ☺ ☺	ven-11	lun-11 ⌘ ☹	jeu-11 ❖	jeu-11 ❖	dim-11	mar-11	ven-11
sam-12	lun-12 ⌘ ☹	jeu-12 ❖	sam-12	mar-12	ven-12	ven-12	lun-12 ⌘ ☹	mer-12	sam-12
dim-13	mar-13	ven-13	dim-13	mer-13	sam-13	sam-13	mar-13	jeu-13 ☺ ➔	dim-13
lun-14 ⌘	mer-14	sam-14	lun-14 ⌘	jeu-14 ❖	dim-14	dim-14	mer-14	ven-14 ➔ ➔	lun-14 ⌘
mar-15	jeu-15 ❖	dim-15	mar-15	ven-15	lun-15 ⌘	lun-15 ⌘ ☹	jeu-15 ❖	sam-15 ➔ ➔	mar-15
mer-16	ven-16	lun-16 ⌘ ☹	mer-16	sam-16	mar-16	mar-16	ven-16	dim-16	mer-16
jeu-17 ❖	sam-17	mar-17	jeu-17 ❖	dim-17	mer-17	mer-17	sam-17	lun-17 ⌘	jeu-17
ven-18	dim-18 ➔ ➔	mer-18	ven-18	lun-18 ⌘	jeu-18 ❖	jeu-18 ❖	dim-18	mar-18	ven-18
sam-19	lun-19 ➔ ➔	jeu-19 ❖	sam-19	mar-19	ven-19	ven-19	lun-19 ⌘	mer-19	sam-19
dim-20	mar-20 ➔ ➔	ven-20	dim-20 ➔ ➔	mer-20	sam-20	sam-20	mar-20	jeu-20 ❖	dim-20
lun-21 ⌘ ☹	mer-21 ➔ ➔	sam-21	lun-21 ➔ ➔	jeu-21 ❖	dim-21 ➔ ➔	dim-21	mer-21	ven-21	lun-21
mar-22	jeu-22 ➔ ➔	dim-22	mar-22 ➔ ➔	ven-22	lun-22 ➔ ➔	lun-22 ⌘	jeu-22 ❖	sam-22	mar-22
mer-23	ven-23 ➔ ➔	lun-23 ⌘	mer-23 ➔ ➔	sam-23	mar-23 ➔ ➔	mar-23	ven-23	dim-23	mer-23
jeu-24 ❖	sam-24 ➔ ➔	mar-24	jeu-24 ➔ ➔	dim-24	mer-24 ➔ ➔	mer-24	sam-24	lun-24 ☺ ☺	jeu-24
ven-25	dim-25 ➔ ➔	mer-25	ven-25 ☺ ➔	lun-25 ⌘	jeu-25 ➔ ➔	jeu-25 ❖	dim-25	mar-25	ven-25
sam-26	lun-26 ➔ ➔	jeu-26 ❖	sam-26 ➔ ➔	mar-26	ven-26 ➔ ➔	ven-26	lun-26 ➔ ➔	mer-26	sam-26
dim-27	mar-27 ➔ ➔	ven-27	dim-27 ➔ ➔	mer-27	sam-27 ➔ ➔	sam-27	mar-27 ➔ ➔	jeu-27 ❖	dim-27
lun-28 ⌘	mer-28 ➔ ➔	sam-28	lun-28 ➔ ➔	jeu-28 ❖	dim-28 ➔ ➔	dim-28	mer-28 ➔ ➔	ven-28	lun-28
mar-29	jeu-29 ➔ ➔	dim-29	mar-29 ➔ ➔	ven-29	➔ ➔	lun-29 ⌘	jeu-29 ➔ ➔	sam-29	mar-29
mer-30	ven-30 ➔ ➔	lun-30 ⌘	mer-30 ➔ ➔	sam-30		mar-30	ven-30 ➔ ➔	dim-30	mer-30
	sam-31 ➔ ➔		jeu-31 ➔ ➔	dim-31		mer-31		lun-31 ⌘ ☹	

Hatha lundi ⌘ 30

Hatha jeudi ❖ 30

Yoga-Nidra ☹ 9

Vacances scolaires ➔

Fériés ☺